



# BULLYING PREVENTION

*\*Information provided by Crimestoppers GNO and Crimestoppers Houston\**

**BULLYING** is when you keep picking on someone because you think you're cooler, smarter, stronger or better than them.” ... **Bullying** is unwanted, aggressive behavior among young people. One person has more power than the other person. The behavior is repeated.”

**CYBERBULLYING** is the use of electronic communication to bully a person, typically by sending messages of an intimidating or threatening nature. Most children and young people may be reluctant to admit to being the victims of cyberbullying.

**76.7% of tweens and 82% of teens** report having experienced bullying as a bully, victim, or witness  
-BARK Annual Report, 2020 report

Even when a bullying victim had suffered injury, **40%** of the time the students said the bullying was not reported.  
-safeschools.info, 2019

**46 states**, including Louisiana, have criminal sanctions for cyberbullying and/or online harassment  
-cyberbullying.org

## PREVENTION

Parents, educators, mentors, coaches, and trusted adults play an important part in a child’s life when helping to mitigate and prevent bullying and cyberbullying behaviors:

- Help kids understand bullying and how to react to bullies or help others who are being bullied—If you need help, schedule a Bullying Presentation with Safe Schools Louisiana.
- Help create a safety plan for victims of bullying.
- Keep the lines of communication open and listen nonjudgmentally , letting your child know they are valued and loved.
- Encourage kids to do what they love to find a distraction from the bullying.