Community Involvement Starts with you

Stop the Violence Report Crime Keep Drugs Out

OFFICE OF THE SHERIFF
COMMUNITY AFFAIRS DIVISION
CRIME PREVENTION UNIT
501 EAST BAY ST., ROOM 204
JACKSONVILLE, FLORIDA 32202
(904) 630-2160 (Mon-Fri 8am-5pm)
(904) 630-0500 (After Hours)

Non Emergency Phone: 630-0500 Crime Stoppers 1-866-845-TIPS (8477) www.coj.net/jso PARENTING TIPS GUIDE

HELP US MAKE "OPERATION SAFE STREETS" A SUCCESS





A Message from Sheriff John H. Rutherford

Public Safety involves a partnership. I invite you to partner with your men and women in blue uniforms. When the citizens and police officers know and trust one another, they become unified in their approach to crime.

With your help, we can build on the benefits that have already been provided by the neighborhood walks, advisory councils, neighborhood watches and stop stations that are currently in place. I ride with patrol officers throughout the city on a regular basis so I experience firsthand the challenges and issues that exist in our community today. Let us pledge to work together to make Jacksonville the best and safest place to live.

Our sworn and non-sworn personnel are dedicated and committed employees who strive to make the Jacksonville Sheriff's Office the premier law enforcement agency in the nation.

We encourage you to report crimes to the police. Be our eyes and ears in your community. Thank you for your support.

Together we can make a difference

John Houtherfund



Set and know curfew times for children

PARENTING TIPS

- I. Take care of your family first www.familyfirst.net
 - Know curfew times for children www.coj.net/jso
 - Support your schools www.educationcentral.org
 - Instill good morals and values
 - Homework Hotline assistance www.homeworkhotline.com
 - Be a role model (caring, loving, providing parent)
 - If you need help parenting call United Way 211 or (904) 632-0600 or on the web at www.nefl211.org

2. Report Crimes to the Police

- Non emergency 630-0500 (crimes that have already occurred, no threat of danger)
- Emergency (crimes in progress) 911
- Be our eyes and ears in your community
- Crime Stoppers I-866-845-TIPS www.fccrimestoppers.com

3. Support Civic Associations

- Be a part of a Citizens Planning Advisory Committee (CPAC) 630-CITY
- Join a Sheriff's Advisory Council Group (ShAdCo) 630-2160
- Get involved or join your Neighborhood Watch. You can apply for both online www.coj.net/jso

4. Be a Mentor

- Big Brothers-Big Sisters 727-9797 www.bbbsjax.org
- Take Stock in Children 354-5918 www.takestockinchildren.com
- Kesler Mentoring Connection 224-2400 www.mentoringconnection.org

5. PAL (Police Athletic League) 355-3308 www.jaxpal.com

- Boy Scouts of America 388-0591 www.nfcbsa.org
- Girl Scouts of America 388-4653 www.girlscouts-gateway.org

6. Businesses

- Offer EAP (Employee Assistance Program)
- Give time off to take care of children (school functions etc.)
- Offer daycare subsidies

7. Fathers

 You can be an active dad even if you don't live with your kids www.dads4life.org

Join and attend local PTA's



TIPS ON MANAGING CONFLICT

Understand your own feelings about conflict; get help if you need it

Practice active listening

Generate options for resolving conflict

Try to move away from confrontation and

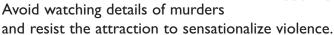
toward agreement

Voice your needs and define the problem

Discuss various ways of solving the problem together

MEDIA

Encourage your children not to watch television shows that contain violence and show victimization.



Balance negative images with those that highlight positive efforts in communities, such as effective neighborhood watches.

Help promote forums that encourage participation in violence prevention efforts.

Choose age appropriate movies and videos for your children.

FAITH BASED ORGANIZATIONS- Ways to get involved

Does your congregation provide community oriented services to the surrounding community and families ?

Does your congregation reach out to the homeless and poor?

Does your congregation provide youth mentoring programs to stress values and personal responsibility?

Does your congregation offer summer youth programs and or after school programs ?

Does your congregation have areas of expertise in the area of teen pregnancy, child abuse, domestic violence, dropout prevention, drug abuse prevention, etc.? Do they offer programs/counseling?

Resolve conflicts amicably

FAMILY

Give family support — provide love and support for your children

Create positive family communication—teach your children to communicate with you honestly so they will seek advice from you when needed Identify for your children trusted adults with whom they can

communicate openly (grandparents, clergy, police, etc.)

Encourage your children to become involved in the community

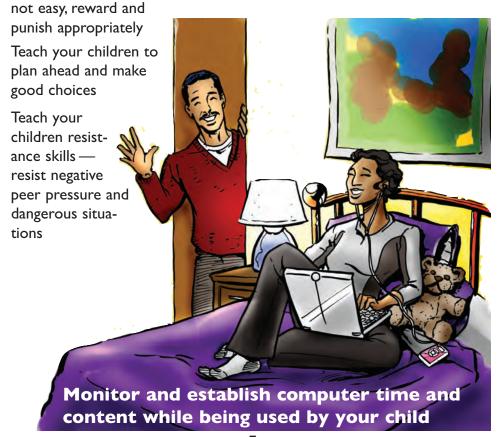
Set family boundaries with clear rules and consequences; monitor your children's whereabouts

Ensure your children have positive peer influence — know their friends and their friends' parents

Get your children involved in creative activities such as sports, clubs and school functions

Ensure your children are supervised at all times, even when they are not with you

Encourage your children to be honest and tell the truth even when it is



Teach your children personal power — that they have control over the things that happen to them

Teach your children peaceful conflict resolution — to resolve conflicts non violently

Listen to your children; sympathize and try not to blame

Show children how to settle arguments or solve problems by using words or actions that don't hurt others. Set the example by the way you handle everyday conflicts in the family, at work and in the neighborhood. Don't forget that common courtesies like "please," "thank you," and "excuse me" help ease tensions that can lead to violence.

Ensure your computer/internet is monitored by adults — establish computer time limitations

Know what is in your children's room and what they are watching on TV. Monitor cell phone activity/text messaging

COMMUNITY TIPS

Join a Neighborhood Watch Program; contact Community Affairs at www.coj.net/jso

Have your neighborhood watch arrange for speakers from the local child abuse council, domestic violence shelter and family service center.

Attend your meetings. Neighbors can be taught to recognize early signs of family violence, abuse and neglect

Look for early intervention and support programs that address your specific needs

Make the neighborhood safer by reporting broken street lights, cleaning up parks and vacant lots (904) 630-CITY

Help out a friend or coworker who has been the victim of a crime by cooking a meal, baby-sitting or call victim services or a crisis hotline for them

Help prevent quarrels between children or teenagers that turn violent

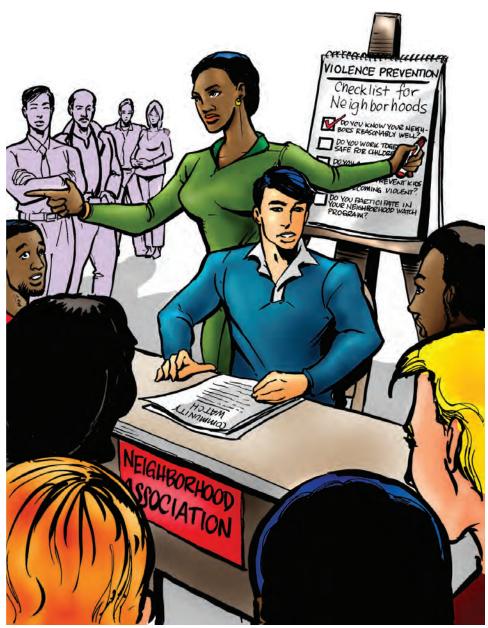
Encourage neighbors or friends to safely dispose of unwanted weapons

Talk to your neighbors about practices that deter violence as a presence in your neighborhood

Help identify positive ways for children to spend their time and energy after school

Report all suspicious activity to the police

Join a Neighborhood Watch Program and arrange for speakers from the local child abuse council, domestic violence shelter and family services organization. Organize cleanups and other community activities.





STOP, DON'T TOUCH, GET AWAY, TELL AN ADULT Teach your children what to do if they find a firearm or something that might be a weapon.

FIREARMS

Encourage government officials to increase penalties for carrying illegal firearms

Teach your children what to do if they find a firearm or something that might be a weapon

STOP, DON'T TOUCH, GET AWAY, TELL AN ADULT

Promote use of gun locks. Contact your local police substations about the availability of free gun locks

Report suspicious activity to the police

SCHOOLS

Become active at your children's schools

Ensure your child's school provides a caring, encouraging environment

Ask your schools about offering programs that teach civic participation, anti-bullying programs and policies that support community service hours. Ask them about considering community service hours as a requirement for all extra curricular activities

Ask your schools about providing quality educational programs for students suspended or expelled from regular school and encourage positive activities to keep suspended children off the street

Ask you school about offering their school site to community organizations for meetings, for coordinated delivery of health care and social services to children and their families

Ask your schools to incorporate child development and parenting skills to the existing educational curriculum for all ages K-12

BUSINESS SAFETY TIPS

Please call our office at 630-2160 or visit our website for further information www.coj.net/jso (click on community affairs)

Checklist to assist you with Violence Prevention

Checklist for Family

	Do you and your family understand the dangers of weapons, especially unsecured firearms?
	Do you and your family talk about costs of violence? (personal and financial)
	Do you think carefully about the kind of television, movies, and games your children watch and play?
	Do you teach your children ways to handle and settle disputes without violence?
hec	klist for Neighborhood
	Do you know your neighbors reasonably well?
	Do you work together to make your neighborhood safe for children?
	Do you and your neighbors agree on how and when to step in to prevent kids from becoming violent?
	Do you participate in your Neighborhood Watch Program?
	Do you and your neighbors know there are positive ways for children to spend their time after school?
	Do you and your neighbors work with the police, school officials, and civic groups to address issues in your neighborhood?
hec	klist for Community
	Do you know safe ways for residents to dispose of unwanted weapons and ammunition?
	Do you know of outreach services or mentoring for troubled youths?
	Do you have clear standards that reject violence in your community?
	Do you know about resources that help people learn
	how to solve problems without violence? (example: have a
	representative from Children and Family Services speak at a
	Neighborhood Watch meeting about ways to resolve conflicts without violence)

Need More Help...

Empowered Parents

Learn how to effectively parent difficult kids.

P.O. Box 60722, Jacksonville, FL 32236

904-838-9689

E-mail: glenn@ffnef.com

Jacksonville Children's Commission

Get insightful information on the safety and welfare of your child.

1095 A. Philip Randolph Blvd., Jacksonville, FL 32206

904-630-3647

www.jcci.org

Boys and Girls Club of NE Florida

Get children involved in learning and growing together in a safe environment.

1300 Riverplace Blvd. Suite 310, Jacksonville, FL 32207

904-396-4435

www.bgcnf.org

Early Learning Coalition of Duval

Learn preparations for kindergarten.

6850 Belfort Oaks Place Suite 102, Jacksonville, FL 32216

904-208-2040

www.elcofduval.org

Born Learning

Learn preparations for early childhood development.

1300 Riverplace Blvd. Suite 500, Jacksonville, FL 32203

904-390-3225

www.bornlearning.org

The Bridge of NE Florida

Learn how to get direction and help in healthy, productive and independent youths and families.

1824 Pearl St., Jacksonville, FL 32206

904-354-7799

www.forthekids@bridgejaxkids.com

Daniel, Inc.

Florida's oldest child services agency.

4203 Southpoint Blvd., Jacksonville, FL 32216

904-296-1055

www.danielkids.org

Mental Health Association of NE Florida

Get help understanding mental health issues. 4615 Philips Highway, Jacksonville, FL 32207 904-731-8291 www.mhajax.org

Duval County Schools

1701 Prudential Dr., Jacksonville, FL 32207 904-390-2000 www.educationcentral.org

Duval County Community Involvement

Learn how to find connection between kids and their community. I701 Prudential Dr., Jacksonville, FL 32207 904-390-2960 www.educationcentral.org/community

Jacksonville Area Legal Aid

Learn how to effectively receive legal information. 126 West Adams St., Jacksonville, FL 32202 904-356-8371 www.jaxlegalaid.org

Lutheran Social Services of NE Florida, Inc.

Learn through a faith-based social service who is focused on improving the quality of life.

4615 Philips Highway, Jacksonville, FL 32207 904-448-5995 www.lssjax.org

Northwest Behavioral Services, Inc.

Learn how to understand behaviors. 2392 North Edgewood Ave., Jacksonville, FL 32254 904-781-7797 www.nwbh.org

United Way of Northeast Florida

Learn how to access health, social and human services. E-mail firstcall3@uwnefl.org www. nefl211.org

JSO is providing this information as a public service.

Some of the organizations and resources mentioned in this guide are privately managed and funded. The services and benefits offered may require payment of a fee or cost. The Jacksonville Sheriff's Office cannot guarantee the success of any program in addressing a particular problem or need, but does recognize the great value of the listed organizations and resources as we build a partnership to assist the parents and families of our community.

Updated 4/200

IMPORTANT PHONE NUMBERS

Non-emergencies
Emergencies9-1-1
JSO Information
Auto Theft
Burglary Unit
Community Affairs
Crimes Against Persons
Crimes Against Property
Family Violence/Child Abuse630-2627
Homicide
Internal Affairs (complaints about employees)630-2187
Jail Information
Narcotics
Records
Recruitment
Robbery
Sex Crimes
Vice
Zone I (Gateway)
Zone 2 (Regency)
Zone 3 (Powers Avenue)
Zone 4 (Cedar Hills)
Zone 5 (McDuff Avenue)384-8028
Zone 6 (Highlands)

Possible rewards from Crime Stoppers I-866-845-TIPS (8477) www.fccrimestoppers.com Contact police on the web at www.coj.net/jso



You and the Sheriff's Office working together to stop crime.